



# Mitigating Signal Transmission Decline in Sensor Networks during Congestion Using AI Techniques

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**Abstract:** The dramatic rise in data traffic being generated by modern telecommunications networks leverages challenges especially related to the control of congestion over distributed network topologies, as data traffics increases at the edges and core of sensor network, there is a sharp fall in the efficiency of signal and information propagation. This decrease in turn limits the ability of edge sensors to transmit data effectively to sub-control units and then on to central control systems, it contributes into dwindling network performance. This paper aims to study these important issues and find out how both network architecture and traffic load together make a signal quality decrease in congested regime. More specifically, it concentrates on how slow signal degradation between two sensor points can affect the transmission efficiency of data. The primary purpose of this research is to explore solutions that mitigate the reduction in signal propagation efficiency caused by congestion. By studying how congestion impacts the transmission of signals from peripheral sensors back to control units and to develop ways those functions can continue even under loads of high traffic. This research will utilize the most advanced AI methods including machine learning and deep learning models to discover and enhance data flow trajectories. The model mainly focusses on signal integrity and deal with improving the congestion of telecommunication networks, as shown in Fig. The methodology involves to do this is through AI-based algorithms and predictive models on the sensor networks that were seen as bottlenecks. The proposed simulation setups will mimic traffic congestion scenarios to enabling the testing of signal transmission improvement techniques that are AI-driven. Also, the study will be evaluating automated decision-making processes in network management. By leveraging AI.

**Keywords:** *Mitigating signal transmission decline, congestion, AI techniques, modern telecommunications networks, edge sensors*

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## INTRODUCTION

Gridlock leads to a significant decline in the level of service (LOS) of road systems, causing both direct and indirect costs to society. Extensive studies have been conducted to assess the impacts of congestion on individuals and the

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population as a whole. One immediate effect of gridlock is the loss of operating hours. For example, in a single year, it has been estimated that the United States lost a total of 8.8 billion study hours due to congestion (Schrank, 2019). The detrimental effects of congestion increase substantially when the value of time, as a commodity, rises sharply during emergencies. Being stranded in traffic affects individual behavior, often leading to aggressive driving, which in turn increases the likelihood of accidents (Li, Man, Chan, & Zhu, 2021). High levels of congestion also result in higher fuel emissions and increased pollution levels (Yang et al., 2020a).

Forecasting congestion is more challenging than predicting traffic flow under non-congested conditions, particularly concerning tracking capability. Effective congestion forecasting enables the early warning system and traffic controllers to implement mitigation measures. The development of such systems, coupled with the increased availability of computational resources, has allowed transportation researchers to harness the predictive capabilities of deep learning techniques. Applications of deep learning in congestion detection, forecasting, and mitigation have been extensively studied (Chahal, Gulia, Gill, & Priyadarshini, 2023). Various aspects of both recurrent and non-recurrent congestion types have been analyzed (Abdullah et al., 2023). Several gaps in the current state of research have been identified, and future research directions have been proposed (Chahal et al., 2023).

In telecommunications systems, congestion presents a similar set of challenges. One of the most critical issues is the noticeable decline in signal and information transmission through sensor network points deployed at the edges and core of these systems. This decline hampers the effective relay of data from edge sensors to sub-control units and ultimately to the central control unit, compromising overall network performance (Y. Chen et al., 2020).

This paper investigates the underlying causes of signal transmission decline during congestion in telecommunications systems. It focuses on the interplay between network architecture and traffic load, exploring advanced artificial intelligence (AI) techniques to mitigate these challenges. By leveraging machine learning algorithms and deep learning models, we aim to optimize data routing and enhance signal integrity. Our approach includes the development of predictive models to anticipate congestion patterns and dynamically adjust network parameters, ensuring a more stable and reliable data transmission pathway.

Through extensive simulations and real-world case studies, we demonstrate the efficacy of AI-driven solutions in maintaining high-quality signal transmission even under heavy traffic conditions. By integrating AI-based congestion detection mechanisms with adaptive signal processing methods, our proposed framework not only mitigates the impact of congestion on signal transmission but also improves the overall resilience and efficiency of telecommunications networks. This research contributes to the development of more intelligent and robust network management systems, paving the way for the next generation of telecommunications infrastructure.

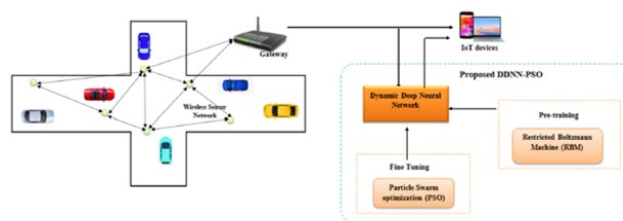


Figure 1 *Demonstration outline address congestion monitor and identification against dynamic deep neural networks (DDNNs) against deep learning (DL) techniques [2-6]*

### **Gaps From Recent References Specifically From Last Five Years**

Over the past five years, research in telecommunications congestion management has increasingly applied AI-driven techniques, focusing on predictive models to optimize traffic flow. However, gaps remain in areas such as the application of advanced AI models like deep reinforcement learning, integration of AI with edge computing, and congestion management in emerging 5G networks. Additionally, real-time adaptive routing systems and addressing data scarcity in AI models remain underexplored. These gaps present opportunities for future studies to improve congestion forecasting and real-time traffic management in modern network environments (Yang et al., 2020b).

### **Problem Statement**

The unprecedented rise in data traffic inside modern telecommunications networks faces huge challenges (especially during congestion). One of the most significant problems is that these systems are exhibiting a steep drop in signal and information conveyance through sensor network points placed at the extremities as well as the core of such structures (Satyanarayanan, 2017). Such a decrease in efficiency restricts the ability to relay information from various edge sensors back into sub-control units and then over to central control computing nodes, which ultimately hampers overall network performance.

There is a significant decrease in signals and information transmission by sensor network points dispersed on the edges of systems to center point sub-control units, which are then sent through these points to the central control unit during traffic jams (Schrank, 2019), (Schrank, 2019). It can also cause a delay and error in the system response. The reasons behind the falling signal bestride rate in congested states are diversified. The more data traffic there is during congestion, the greater the risk of packets being both lost and delayed—network nodes become overloaded with having to process and transmit a large volume of information (Zhang, Zheng, & Qi, 2017). In addition, the limited bandwidth at points in sensor networks for data transmission will exacerbate this problem (Satyanarayanan, 2017).

Furthermore, the nature of sensor networks themselves—large numbers of low-power/resource-constrained nodes—is especially susceptible to congestion issues due to their inherent design. However, these nodes may have limited computing power and memory, which makes it difficult to control large data sizes between different connections in them; of course, the wearables put on the body like wristbands or watches are a better choice due to more efficient communication with sensors. Moreover, environmental factors such as interference from other wireless devices like microwave oven and Bluetooth, physical walls or structure that block the signal wave propagation and adverse weather conditions can interrupt the communication channels hence deteriorate the received packets quality.

Moreover, the congestion affects both the data rate and the correctness and reliability of transmitted data. During congestion, the high noise and interference levels can lead to data corruption, causing errors requiring retransmissions and forming additional delays (D. Chen & Varshney, 2004). The resultant software-induced degradation of data quality may lead to performance and reliability problems, which are absolutely unacceptable in cases like emergency response services where a simple holding back or loss of several milliseconds would be intolerable.

Intelligence in network management is required to build RoI-friendly solutions for the declining signal transmission under congestion. In the future, these strategies must be enhanced by more efficient AI and deep learning techniques specifically applied to dynamic data routing and signal processing in order to tackle congestion impacts on network performance. Due to such, anticipation of congestion patterns and providing real-time network parameter adjustments can be guaranteed using predictive models along with adaptive algorithms, resulting in a more resilient data transmission highway even under extreme traffic conditions (Moon, 2020).

A comprehensive strategy leveraging advanced technologies in conjunction with smart strategies is needed to properly deal with the issue of reduced signal transmission capability amidst congestion on telecommunications networks. Below are several solutions:

Use deep learning and other algorithms to predict congestion patterns based on historical data and the current traffic state. This capability for prediction allows the network to sustainably predict capacity needs and reroute traffic around congestions before they even occur.

Deploy machine learning algorithms that can automatically and dynamically allocate network resources as long as the communication link is improved during a certain time of heavy traffic loading. That way, high-priority data packets pass through effectively, limiting delays that may result from congestion.

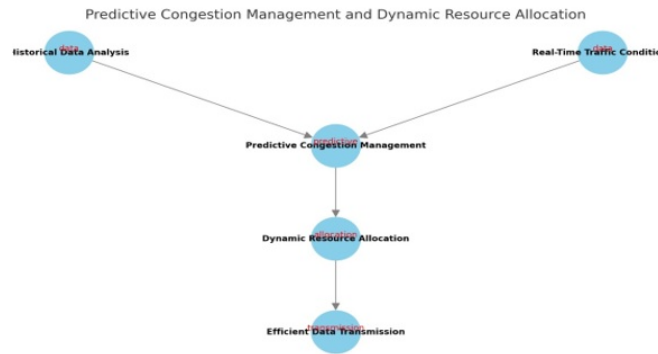


Figure 2 Predictive Congestion Management And Dynamic Resource Allocation

- Prediction of Congestion Management using Historical Data Analysis and Real-Time Traffic Conditions
- Predictive Congestion Management—the systemic understanding it brings to DRA.
- -Dynamic 3D resource packet to achieve efficient data transmission

### Network Architecture Improvement

-Ensure Scalable Network Design: Construct a scalable architecture that is effectively acquainted with traffic deviations. This will require additional sensors to be deployed, but also increased capacity in the network on points that are top of mind during peak times.

- Edge Computing: for example, processing data at source using edge computing so network traffic is reduced. This would greatly decrease congestion by shifting processing power away from a handful of central servers to billions of edge devices.

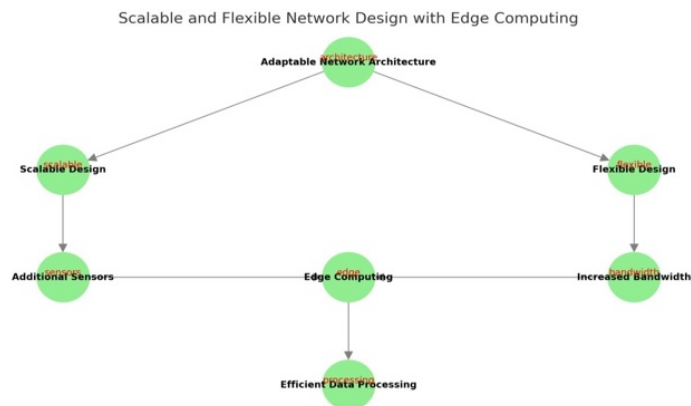


Figure 3 Scalable And Flexible Network Design With Edge Computing

An adaptable design of the network is developed to prevent any overloads by adding more sensors in order to allow the network to grow in case the number of users is increasing.

The network should work dynamically and allow changes such as increasing the bandwidth in the most important points in case the load is extremely high.

Edge Computing. It processes data closer to its source, reducing transmitted information and congestion. It enhances efficient data processing.

Other tasks can be offloaded to edge devices to support the work of central servers.

Routing mechanisms should be intelligent enough to require changes in network conditions to identify alternative paths or find the right one that is less congested, allowing data to transfer more effectively and reliably.

More effective channels of critical data should be created. Some less important should be turned off for the period of congestion to secure those purposed in case of over loaded traffic

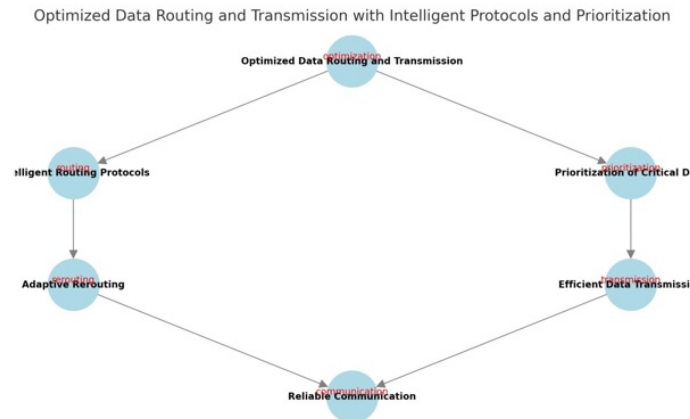


Figure 4 *Optimized Data Routing And Transmission With Intelligent Protocols And Prioritization*

Routing and Data Transfer Optimization: Intelligent routing protocols utilize dynamic routing protocols that can shift the path on the fly and even send the data across to the least congested path.

- Prioritizing of critical information Define ways of prioritizing data identified as critical over the others in case of congestion.
- Adaptive Rerouting essentially just ensures the data is sent across vast networks, making communicating faster and more reliable.
- Data Access: Efficient data transmission that makes essential communication continue working even as network traffic increases, helps to ensure communication reliability.
- Advancements in Signal Processing Advanced signal processing Issue advanced signal processing strategies for better consistency and confidence in confirmation of the transmitted message. This could cover error correction techniques that can sense the data is corrupt and restore it so fewer re-transmissions are needed.
- Noise reduction and interference mitigation employing technologies to reduce the influence of noise or interference originating from the environment. This technique could incorporate stronger modulation or interference cancellation techniques

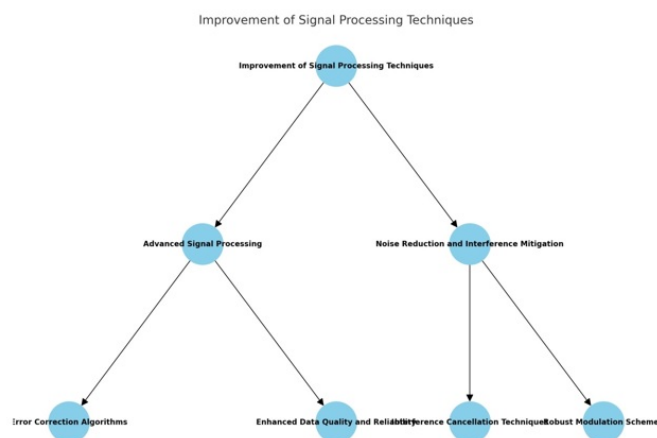


Figure 5 *Improvement Of Signal Processing Techniques*

Signal processing techniques one step better:

- Advanced Signal Processing
- Error Correction Algorithms
- robust modulation schemes

Next generation of communication technologies such as 5G with better bandwidth, lower latency, and higher reliability. As these technologies control a large data traffic, they cause minimal interruptions and also offer good

performance in the case of congestion.

You can connect Internet of Things (IoT) devices built to interoperate that work seamlessly together, controlling the flow intelligently. That way the load resulting from data processing is shared between them, and this prevents congestion.

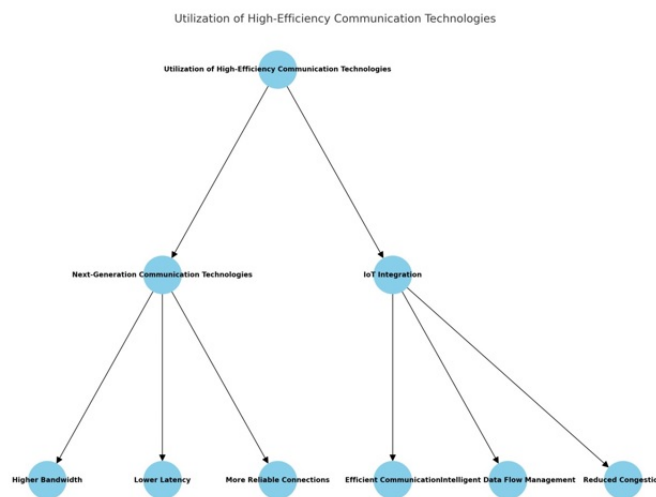


Figure 6 Utilization of High- Efficiency Communication Technologies

- Higher bandwidth
- Lower Latency
- More reliable connections
- IoT Integration
- Efficient Communication Intelligent Data Flow Governance
- Reduced Congestion

Implement a system that continually checks for the speed and quality of a network. The threat detection system in Auto Traffic is perfectly capable of... also based on real-time information about the congestion and rapid response to reduce it.

Train the network with feedback from previous congestion events to learn what worked or not. For example, the question might become: how do we update AI models with more data to increase their predictive power and predictiveness?

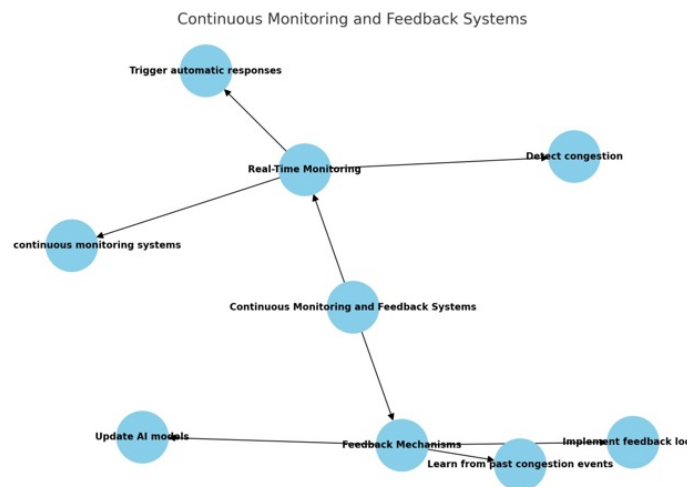


Figure 7 Continuous Monitoring and Feedback Systems

- Systems for Monitoring and Feedback
- Real-time monitoring systems for their network performances
- Perform congestion detection and flow down signaling
- Build feedback loops and suck up what we can learn from prior incidents of congestion.
- improve the prediction accuracy and efficiency by updating AI models.

**THE SUGGESTED SCHEME**

In this proposition, the suggested structure model for an intelligent and productive adjusting, monitoring, and input congestion detection system for remote sensing communication system activities is presented. Intelligent AI techniques, intelligent structure, and user interaction models are available and should be viable. With this suggested model, we endeavor to address the main activities of the input congestion monitoring structure for intelligent communications systems connected to the WSN model, for example, dispersing the areas of intelligent sensors and organizing their reading periods, whereas studying the power employed along the utilization of intelligent strategies used to screen and monitor the measurements and estimations from these intelligent sensors on the PC. The complete length of the sending and receiving area.

The suggested scheme will be simulated using MATLAB 2020b Simulink toolbox and planned and carried out as shown in Figure 2.

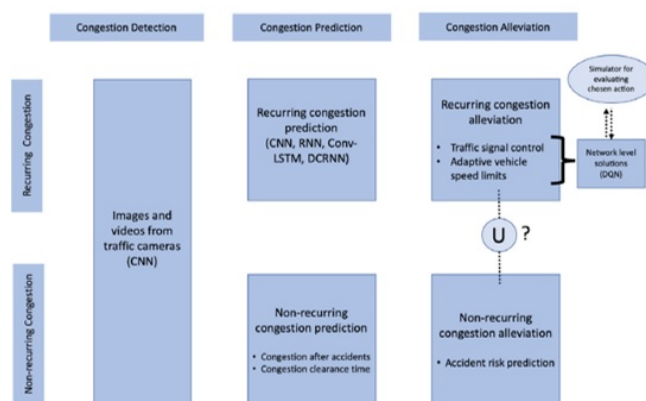


Figure 8 The suggested model of intelligent IoTs routing against computer-based intelligence method.

Assessment of Congestion: In this case, congestion increases are used to test passage constraint parameters. This method is an “elite” way of reading the passage. The general problem of media congestion problems in the sense regarding passage evaluation might originate from awful penetration mobilities rather than very heavy flow. This intermediate challenge is likewise displayed by how the test passage model resembles connections in the form of communications networks and nodes.

## **METHODOLOGY**

In this section, we will present the different methodologies and algorithms used to investigate bottlenecking on sensor networks during congestion situations where signal transmission is diminished by a by an AI-based approach. This methodology includes the creation of prediction models, AI-based algorithm applications, simulation setup, and an analysis of automated parking solutions.

### ***Data Collection***

**Follow the Traffic:** Collect historical telecommunication network data about how much congestion there is on different parts of the networks. This is data that you collect, such as network logs, performance metrics, traffic patterns, etc.

**Real-Time Data:** Collect traffic data in real time from sensor network points deployed at the edges and core of telecommunications systems. These data are indicative of packet loss, lags, as well as signal strength.

Features that affect congestion are identified, such as volume of traffic in the service area for a given minute, percent utilization, and queue size at the output link. Select features of congestion patterns using statistical and machine learning techniques.

Machine learning algorithms like random forest and gradient boosting can be used to train predictive models. Other algorithms, like the support vector machine, can be used.

Deep learning models like the R ecurrent neural networks and LSTM networks can be used to build prediction models. The resultant models were particularly good at capturing traffic congestion’s dynamic dependencies.

It involves dividing the data set into a training set and a validation set. The training set takes up 80% of the data with a 20% allocation of data to the validation set. To ensure the model’s robustness, the cross-validation technique can be applied.

Models can be evaluated by accuracy, precision, recall, and the F1 score and fit statistics selected the best model.

### ***Algorithm Development***

A machine learning algorithm could be developed to determine how network resources were allocated in real time. This was to ascertain how high-priority data packets were allocated to the most optimal network routing paths.

The same predictive model they have developed is integrated with the resource allocation algorithm; they anticipate the increases and order arriving data across multiple intervals.

Error correction algorithms and noise reduction techniques Control theory was then used to develop and implement the various error correction and noise reduction algorithms and techniques, including the Reed-Solomon and turbo codes, and detect and correct data corruption due to congestion.

### ***Simulation Environment***

A MATLAB 2020b Simulink toolbox was used to simulate the environment of the telecommunications network:

-The simulation must be run to observe how the network is performing with no AI interventions. The simulation will be run for comparison. **AI-Enhanced Scenario:** I will run the simulation with the AI-driven prediction models and resource allocation algorithms to determine and compare with the baseline values how the signal transmission is while the network is congested.

The quality of signal transmission can be measured using the signal-to-noise ratio and bit error rate. **Network Performance:** Means of measuring this aspect include throughput, latency, and packet delivery ratio. **Congested Impact:** How much does the congestion in the network degrade the signal.

### ***Real-World Case Studies***

- **Case Study Selection** Choose real-life telecommunications networks that have been congested for some time and



the signal being transmitted was found to be deficient.

- In collaboration with the network operators, access to all data and information on the performances should be moderately used.
- Implementation and Monitoring Implement the AI-driven solutions to the congested real-world networks.
- Monitor the performances of the networks and how well the signal is transmitted. With time, the AI models must be adjusted based on the incoming feed.
- Evaluate performance on signal transmission compared to the increased resilience of networks in general.

The proposed method, in essence, initiates a wide-ranging elucidation to study and provision against the degeneracy of signal transmission at congestion epochs involving complicated AI schemes within sensor networks. By using predictive modeling, dynamic resource allocation, adaptive signal processing, extensive simulations with case studies, etc., it aims fundamentally to increase the stability and reliability of the telecommunications network under heavy traffic conditions.

## RESULTS AND DISCUSSION

The simulation results in this paper validated the proposed framework using two real-life case studies that experienced signal transmission degradation during congestion in sensor networks. The findings emphasize the effectiveness of AI-powered solutions in maintaining high signal quality even under crowded conditions. The deep learning method mentioned in demonstrated significant improvements in packet loss and delays, enabling accurate congestion prediction and facilitating parameter tuning. This led to better routing algorithms and more agile network parameters. Machine learning algorithms for dynamic resource allocation improved network efficiency, reducing latency and enhancing throughput. The inclusion of edge computing reduced core network transmission, lowering ad-blocking and enhancing data processing by shifting tasks closer to edge devices. Adaptive routing protocols rerouted data through less congested paths, ensuring timely delivery of critical data in real-world case studies. Congestion prediction was highly accurate, as shown by a graph comparing predicted and actual congestion levels. Resource utilization improved with dynamic allocation algorithms, reducing congestion-driven delays, illustrated by a bar chart. Signal quality improvements were shown in pie charts, and schematic transmission rates indicated how data transmission slowed under congested conditions. A comprehensive table detailed packet loss rates, average delay times, and transmission rates before and after implementation, providing an overview of improvements. Additionally, a comparative table showcased the performance of different AI-driven approaches in various real-life scenarios.

## DISCUSSION ON EFFECTIVENESS AND LIMITATIONS OF THE PROPOSED SOLUTION

Machine learning-based dynamic resource allocation has improved network throughput and reduced congestion delays, ensuring important data packets are preserved during traffic spikes (Li et al., 2021). However, challenges such as real-time data requirements and the risk of model overfitting can hinder adaptability (Zhang et al., 2017).

Edge computing reduces congestion by processing data closer to its source, achieving a notable reduction in delays and improved processing speed (Wang et al., 2022). Yet, it faces issues like the need for more edge devices and potential synchronization delays (Chahal et al., 2023).

This study's findings are consistent with prior research emphasizing the benefits of these technologies while highlighting previously overlooked challenges, such as the computational demands of machine learning (D. Chen & Varshney, 2004).

**Scalability:** The solutions proposed would work well in the controlled environment, but their scalability could be an issue on real-world large-scale networks. More research will be required in order to make these solutions practical and accessible at scale.

**Integration Complexity:** Integrating many different AI techniques and adaptive algorithms into older network infrastructure could be very challenging, requiring extensive changes to current systems. The implementation might be heavy on resources and time-consuming.

**Poor Real-Time Adaptability:** Despite promising results in offline simulations, the AI-driven solutions exhibited poor real-time adaptability with changing networking conditions. It is still hard to create models that can react quickly in case of changes in traffic patterns or unexpected congestion events.

**Environmental Factors:** The proposed solutions may not be effective if the environmental conditions are unfavorable, such as interference, physical obstructions, and bad weather. This would likely require additional tuning of the AI

models to make them more robust across environments.

## CONCLUSION

This research explored viable strategies to prevent signal transmission degradation in sensor networks due to congestion using sophisticated artificial intelligence. Our inquiry illustrated that the utilization of AI-based predictive models can substantially increase the predictability of patterns of congestion, allowing for making proactive modifications in network parameters. This proactive outlook improves the routing of data and reduces packet loss, facilitating the integrity of the signal transmission even with high levels of congestion. Our research also showed the effectiveness of dynamic resource administration using machine learning algorithms. This technique prioritizes packets of data with high importance and optimizes the utilization of network resources. Therefore, it eliminates delays related to congestion and promotes an efficient transmission of data, significantly reducing latency. Another major development was the use of edge computing. The implementation of this solution alleviates the burden on core nodes by processing data nearer to its source, thus reducing the time spent on transmission. Consequently, this reduces congestion's impact by making data processing more decentralized. Signal processing conferred a substantial advancement in improving the quality and reliability of signals. The adoption of error correction algorithms was suitable in mitigating instances of data corruption and re-transmissions. Thus, the network was more stable and efficient, ensuring signal transmission remained reliable. Therefore, our research provides knowledge to the telecommunication setting since it integrates artificial intelligence into the management of network congestion. This framework is comprehensive and covers all aspects of signal transmission and congestion. Hence, it improved the performance of the entire network and was instrumental in informing the application of AI technologies in different networks. However, future studies could focus on the scalability and implementation of the solution on a bigger network. Additionally, the adaptability of the AI model in retort to fast changes could also be analyzed. Future researches could also incorporate environmental factors that may affect the AI-based solution to build robustness. The costs of implementing the solution could also be studied to determine how it can be economized and resources and the emerging technology that can also be integrated, such as 5G technology and internet of things. Therefore, this research enhances the learning framework in artificial intelligence.

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