Stress Management and Oncology Nurse Behaviours: An Association in Nursing Profession

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STRESS MANAGEMENT AND ONCOLOGY NURSE BEHAVIOURS: AN ASSOCIATION IN NURSING PROFESSION

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Abstract. Workplace stress which is associated with some superfluous behaviour has consequently affected negatively on human’s health status. The researcher has identified several types of behaviours that were closely in nursing profession namely turnover, absenteeism, presenteeism and violence. Therefore, the purpose of this paper is to investigate the relationship between workplace stress and oncology nurse behaviours. This study was initiated to resolve the behaviour issue among nurses especially those involved in treating chronic disease patient. The data collection method used in this study was initiated by designing a questionnaire. After a few weeks, the researchers collected all the answered questionnaires. It has been disseminated using convenience method, by definition, is one of the most common methods of sampling that go under various titles. It often uses the respondents that are easily accessible (Malim & Halim, 2011). From the findings, stress emanated more from turnover, absenteeism and presenteeism. In conclusion, the stress intervention measures should also focus on stress prevention for individuals. Future research is needed to highlight the role of health care employees especially for this critical unit and position in health care delivery.

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